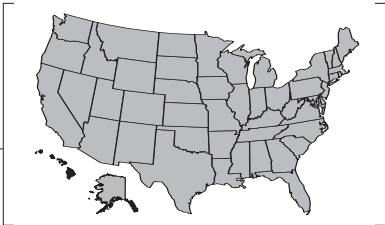


The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005



Hawaii

All statistics are based on parental reports.

	National %	State %
Percent of children who are overweight	14.8	13.3
Age 10-11	21.9	14.2
Age 12-14	14.4	15.3
Age 15-17	10.7	10.0
0-99% Federal poverty level	22.4	18.0
100-199% Federal poverty level	19.0	17.4
200-399% Federal poverty level	13.7	11.9
400% Federal poverty level or more	9.1	11.5
Male	18.1	16.4
Female	11.5	10.0
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week	71.3	75.2
Age 10-11	78.2	82.7
Age 12-14	74.2	73.6
Age 15-17	63.3	71.8
Male	76.8	80.7
Female	65.6	69.0
Percent of children who were on a sports team or took sports lessons during the past 12 months	58.6	65.6
Age 10-11	61.5	67.9
Age 12-14	61.6	64.1
Age 15-17	53.4	65.9
Male	62.1	67.7
Female	55.0	63.6
Percent of children with at least one parent who exercises regularly	72.9	81.5